

KNN DISCUSSION SERIES

# The Medical Profession Through the Lens of Human Flourishing

Seeking **Strength** in Times of **Crisis**

*Word Clouds: Key Takeaways From  
Speakers' Presentations*



**KERN NATIONAL NETWORK**  
FOR CARING & CHARACTER IN MEDICINE

# Take Home Points

## Daniela Lama's Presentation

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attention unknown importance of togetherness  
need to do something grace honoring a patient's request  
frustration pivot everyone every courage  
moving personal stories empathy resourcefulness doesn't  
communication impotence listening resilience  
creativity isolation fear "return" pandemic  
heros connectedness resilience people apply normal" new kindness food answers humanity caring helplessness mask  
overwhelming stage living anger to mask fear compassionate small acts of compassion  
everything changes challenges sadness shared humanity challenging suffering brought  
compassion non-judgmental isolation meeting different  
sadness hope

# Take Home Points

## John Tarpley's Presentation

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support  
find opportunities

emotional iq control-self-only framing joy relationships  
intentional what is your anchor connection framing  
reframing daily friendship uplifting  
purpose love religion foundation  
happiness joy friendship beer community  
uplifts vital relationship  
relationships unexpected  
connections family connection vision  
meaning others centered positive outlook  
counter daily hassles with daily uplifts

# Take Home Points

## Krista Gregory's Presentation

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A word cloud featuring various terms related to compassion, mindfulness, and human connection. The words are arranged in a dense, overlapping manner, with some words appearing larger and more prominent than others. The colors of the words vary, including shades of purple, green, blue, brown, and red. The background is a light blue gradient with abstract shapes.

comfort one for me one for you limitless teamwork  
empathic resonance being human humanity  
human courage kindness do what i can  
grace limits mindfulness community self compassion  
chocolate contagious kindness compassion resilience together  
box reframe breathe journey ride the wave  
empathy care empathy fatigue life journeys emotions are contagious  
reassurance life practical everyone is on their own life journey powerful  
not the cause of the suffering take your own pulse first resilience