# THE MEDICAL PROFESSION **THROUGH THE LENS OF HUMAN FLOURISHING**

### Seeking Strength in Times of Crisis

#### ONLINE | TUESDAY, APRIL 27 | 4-5:15 PM CT

#### Featuring:

Krista Gregory, MDiv, BCC Founder and Director, Center for Resiliency Dell Children's Medical Center



#### Daniela Lamas, MD Pulmonary and Critical Care Physician Brigham and Women's Hospital



#### John Tarpley, MD, FWACS, FACS

Professor Emeritus, Surgery and Anesthesiology Vanderbilt University Medical Center Professor of Surgery and Head of Department University of Botswana



#### **Moderator:** Chris Stawski. PhD Senior Fellow, Kern Family Foundation



**Register Today** 

**KERN NATIONAL NETWORK** FOR CARING & CHARACTER IN MEDICINE

### This discussion series is presented by the Kern

National Network for Caring & Character in Medicine (KNN) through an investment from the Kern Family Trust and Kern Family Foundation. The mission of the KNN is to promote human flourishing through the profession of medicine. Partner schools include:

- Dell Medical School at The University of Texas Austin
- Geisel School of Medicine at Dartmouth
- Mayo Clinic Alix School of Medicine
- Medical College of Wisconsin Medical School
- University of California San Francisco School of Medicine
- University of Wisconsin School of Medicine and Public Health
- Vanderbilt University School of Medicine

**LEARNING OBJECTIVES** 

> Discuss how pathways to **flourishing** can help health professions learners, practitioners

and resilience during crisis.

Discuss how expectations

for caring, committed and courageous individuals should be balanced with multifaceted institutional and societal **support** in attaining strength

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info and registration instructions

and resilience.

**ABOUT THE KNN** 

and organizations find strength

Describe the types of **well-being** 

and mental health resources necessary to sustain strength and resilience for health professions learners, practitioners and patients, during and after crisis.

https://knncaringcharactermedicine.org/

# **FEATURED SPEAKERS**



**Krista Gregory, MDiv, BCC** Founder and Director, Center for Resiliency Dell Children's Medical Center Krista Gregory is the founder and director of the Center for Resiliency at Dell Children's Medical Center of Central Texas. The center was established with the belief that the language and structure of medicine needs to transform to provide a sustainable setting for practitioners to counter burnout and increase personal and professional fulfillment.

Rev. Gregory is a board-certified chaplain who has worked in the healthcare field for more than 25 years with physicians, residents and healthcare professionals, both in adult and pediatric facilities. She is a trained teacher in mindful self-compassion and co-designer of the teacher training for the course "Self-Compassion for Healthcare Communities" with the Center for Mindful Self-Compassion.

Daniela Lamas is a pulmonary and critical care physician at Brigham and Women's Hospital, instructor in medicine at Harvard Medical School and associate faculty at Ariadne Labs, where she works with the Serious Illness Care Program. She is also working on COVID-19 recovery as co-director of the Brigham and Women's COVID Recovery Center.

Dr. Lamas' clinical and research areas of focus are in long-term critical care survivorship, palliative care in the ICU and decision-making surrounding chronic critical illness. She frequently writes about loneliness, caregiving and the unseen stories of critical care.



**Daniela Lamas, MD** Pulmonary and Critical Care Physician Brigham and Women's Hospital



John Tarpley, MD, FWACS, FACS Professor Emeritus, Surgery and Anesthesiology Vanderbilt University Medical Center Professor of Surgery and Head of Department University of Botswana After completing his general surgery residency, John "tarp" Tarpley committed himself to surgical education for an underserved population and spent ~15 years in southwest Nigeria directing house-officer training at the Baptist Medical Centre, Ogbomoso, and as an associate lecturer, UCH, Ibadan, Nigeria.

In 1993, he returned to Nashville to practice surgery at the VA hospital and joined the Vanderbilt faculty. He received teaching awards locally and nationally and was designated a Master Clinical Teacher at Vanderbilt. The Society for Black Academic Surgeons elected him an honorary member in 2005 in recognition of his service for underrepresented minorities.

Since retiring from Vanderbilt in 2016, Dr. Tarpley has worked in Kenya, Rwanda and Botswana, where he serves as head of the surgery department for the University of Botswana.

Chris Stawski is Senior Fellow at the Kern Family Foundation. He works to build relational networks and co-develop strategic directions to integrate the Foundation's focus areas in character, entrepreneurial mindset and creating value for others. He is also Affiliate Assistant Professor at the Kern Institute for the Transformation of Medical Education at the Medical College of Wisconsin, where he works to integrate character into medical education.

He is effective in working with opinion-leading experts, emerging talent and colleagues in philanthropy, nonprofit organizations and academia who have the potential to advance breakthrough ideas to transform culture, knowledge and society.



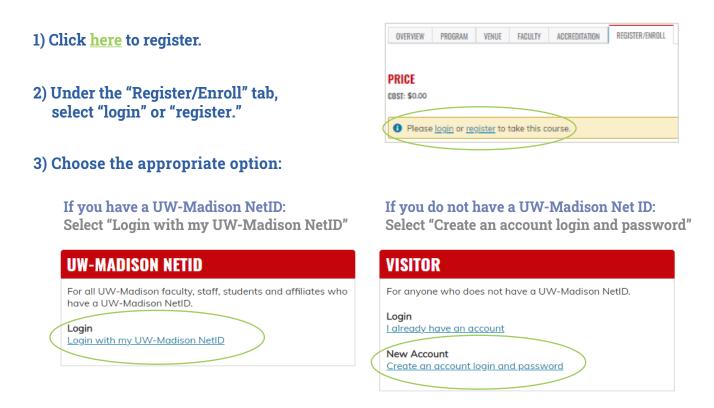
**Chris Stawski, PhD** Senior Fellow, Kern Family Foundation



# **REGISTRATION INSTRUCTIONS**

### Thank you to KNN partner school UW-Madison for hosting registration!

**Please note:** Registration is a two-part process. You will need to sign in or create an account with UW-Madison, then select "Begin" to start your registration.



#### 4) Follow any prompts to complete/update your profile information to create an account.

Questions on setting up your profile? Please see <u>this FAQ</u> from UW-Madison.

## 5) Once your account is created, select "Begin" to register for the event. You will receive an email confirmation to indicate your registration has been processed.

OVERVIEW	PROGRAM	VENUE	FACULTY	ACCREDITATION	REGISTER	You must select "Begin"
BEGIN >	)					to register successfully for the event

Questions on registration? Please contact <u>help@icep.wisc.edu</u>



# **CONTINUING EDUCATION**

### **ACCREDITATION STATEMENT**



In support of improving patient care, this activity has been planned and implemented by the University of Wisconsin–Madison Interprofessional Continuing Education Partnership (ICEP) and the Kern National Network for Caring and Character in Medicine, Medical College of Wisconsin. The University of Wisconsin–Madison ICEP is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

#### **CREDIT DESIGNATION STATEMENTS**

#### ACCREDITATION COUNCIL FOR PHARMACY EDUCATION (ACPE)

The University of Wisconsin–Madison ICEP designates this knowledge-based activity for a maximum of 1.0 hour/ 0.1 CEUs of CPE credit. Credit will be provided to NABP CPE Monitor within 60 days after the activity completion.

Universal Activity Number (UAN): JA0000358-9999-21-094-L04-P

#### **AMERICAN MEDICAL ASSOCIATION (AMA)**

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 1.0 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **AMERICAN NURSES CREDENTIALING CENTER (ANCC)**

The University of Wisconsin–Madison ICEP designates this live activity for a maximum of 1.0 ANCC contact hour.

Iowa Board of Nursing accepts ANCC contact hours for nursing continuing education requirements.

#### **CONTINUING EDUCATION UNITS**

The University of Wisconsin–Madison ICEP, as a member of the University Professional & Continuing Education Association (UPCEA), authorizes this program for 0.1 continuing education units (CEUs) or 1.0 hour.

### SAVE THE DATE

Social Justice, Health Equity and Human Flourishing: Are We All Included? Tuesday, August 3, 2021 4 PM CT

**Civic Responsibility: Medicine and Democracy** Tuesday, October 26, 2021 4 PM CT

#### Questions? Email us at knn@mcw.edu

Thank you to our partners at Aurora WDC for production assistance.



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